



## NATIONAL RESOURCE LIST TO REDUCE, REUSE, RECYCLE

There are plenty of community resources ready to help you lighten your load. Here is a growing list of resources to help you *unstuff your life* and get on with the things that really matter!

Every effort has been made to ensure that these links are accurate. We offer no responsibility for bad links or less-than-helpful reception. If you happen to find a bad link or are treated poorly, please let us know! And, if you come across an exceptional local or national resource that worthy of sharing with others, please send it along to:

[info@andrewmellen.com](mailto:info@andrewmellen.com).

### National Resources

These organizations offer their services across the U.S.  
Follow these links to interact with them or to find a local chapter or division.

[1-888-5-OPTOUT \(1-888-567-8688\)](tel:1-888-5-OPTOUT) This is not a website.  
This number is maintained by all three credit bureaus

[29 Gifts](#)

[41 Pounds: Stop Junk Mail and Catalogs](#)

[Adopt a Library](#)

[Always Positive](#)

[American Council for an Energy-Efficient Economy](#)

[Appliance Recycling Centers of America, Inc.](#)

[Bau-Biologie](#)

[Battery Solutions](#)

[Book Crossing](#)

[Books For Africa](#)

[Call 2 Recycle](#)

[Catalog Choice](#)

[Cell Phones for Soldiers](#)

[Citizens Commission on Human Rights](#)

[Clothing Swaps](#)

[Computer Hope](#)

[Digsville](#)

[Direct Marketing Association Choice: The belly of the beast -- use caution!](#)

[Do-It-Yourself Junk Mail Instructions: Great guide from Obviously.com](#)

[Do Not Mail](#)

[Donate My Dress](#)

[Dress for Success](#)

[Earth911](#)

[Eco-Cycle: Take recycling to the next level.](#)

Elder Wisdom Circle: Missing your grandparents and wishing you could get some good advice? Try these folks!

Federal Trade Commission: Their take on privacy

Giving Circles: Like to give and want to make a bigger impact? Consider creating a giving circle with other like-minded folks.

Grass Roots Recycling Network

GreenStrides

GrowFriend: Gardening meets social media!

Harold Says

Hire A Chef

Home Exchange

HUD's Housing and Rental Assistance

Kiva Loans

Loose Fill Packaging Recycling

Mail Fraud

Making Home Affordable Program

National Do Not Call Registry

National Domestic Violence Hotline

NeighborGoods: A great resource for sharing stuff locally RATHER than buying it!

One Sight: For Donated Eyewear

Opt-Out of Catalogs

Opt-Out of E-mail

Opt-Out of Junk Mail (link no longer works, remove)

Philanthropy Indaba: For philanthropists looking to get out of the board room and into the field.

Privacy Council: How to stop unwanted marketing

Privacy Rights Clearinghouse: Junk mail and privacy Information

PVC Alternatives

Rebates: If you must shop, here are some sites where you can get coupons and other discounts

Ebates

Extrabuks

Mr. Rebates

Recycle My Cellphone

Reuse A Shoe: Nike steps up to recycle sneakers

Share Some Sugar: Why buy when you can borrow?

Sharable: More collective consumption

Shredding: Here are three options

Cintas

Code Shred

Shred-it

Souls 4 Soles: No more shoes in landfill or hanging off lamp posts!

Terra Cycle

The Consumerist: More junk mail advice

The Daily Green: Everything from recycling books to composting

The Good Human

Trade A Favor: The perfect response to, "Hey, can you just do me a favor?," Point 'em here and set 'em loose!

Unabridged Architecture

USDA's Nutrition Assistance Programs

US Environmental Protection Agency: National Guide to recycling electronics

VeggieTrader: While this site is no longer actively updated, there are still lots of good links and info here

Vinegar Tips

Volunteer Match: Got some time to share but not sure who needs you? Check this out.

World Environmental Organization

Time Banks

For our friends in the UK: Sita UK

## **Blogs**

[Simple Mom](#)

## **California**

[Check out these orgs doing good work in Cali -- lots of help available here!](#)

[CA Bureau of Sanitation: Info on safe disposal of toxic waste, etc.](#)

[Computer Recycling Center](#)

[Earth Day Marin](#)

[Echo Park Time Bank: Los Angeles neighborhood lend/swap cooperative site](#)

[The Away Station](#)

## **Detroit**

(My hometown! Here's some orgs that are doing great work in the Motor City.)

[Recycle Here!](#)

[City of Detroit's Recycling Page](#)

## **Houston**

(Check out these sites for your H-town organizing needs.)

[City of Houston's Recycling Page](#)

[NY Times Article about Houston's lack of recycling: C'mon Houston, step up!](#)

[Techs and Trainers](#)

## **New York**

(My adopted hometown. The city that never sleeps has tremendous variety in the places and orgs that deal with stuff.)

[NY Cares](#)

[826NYC](#)

[God's Love We Deliver](#)

[NYC Recycle:](#) NYC's on it. You'll find what to recycle and where, including composting and electronic waste.

[Rock on!](#)

[Refashion NYC](#)

[The Green PC: Computer recycling in NJ](#)

[Urban Garden Center: This neighborhood garden center has a community compost drop off.](#)

[Wearable Collections: Where to recycle clothing and textiles](#)

## **Provincetown & Cape Cod**

Look no further for some great New England spirit and assistance. These folks are waiting to hear from you.

## **Virginia**

[Plenty Local](#)